

2023 Learning Community



**NATIONAL CENTER
ON CHILD TRAFFICKING**

Advanced TF-CBT for Trafficking & CSE

TRAINING INFORMATION

The purpose of this Advanced TF-CBT for Trafficking and Commercial Sexual Exploitation Learning Community is to bring together a group of mental health providers who share a foundational knowledge of TF-CBT and a common interest in serving youth who have experienced trafficking or commercial sexual exploitation (T/CSE). The Learning Community will build on participants' existing knowledge, as well as introduce new learning and activities to enhance clinical skills essential to serving this population with skill and fidelity. The initial in-person training will be held September 13th-14th 2023, followed by a year of bi-monthly (every other month) virtual video consultation to support participants in application of the model following the initial training. The training is provided by TF-CBT national trainers Kelly Kinnish, PhD, and Jessica Wozniak, Psy.D., of The National Center on Child Trafficking (NCCT) in collaboration with New York State Children's Alliance.

KEY DATES

Information Call:	June 9
Application Due:	August 1
Notice of Acceptance:	August 15
T/CSE Awareness Training:	August 30
Welcome Call:	August 29
Training Dates:	September 13-14

This training
is **FREE!**
12 CEUs

TRAINING LOCATION

The Egg
Agency Building 1, S Mall Arterial
Empire State Plaza, Albany, NY



September 13-14, 2023
8:30am - 5:00pm ET

Apply by August 1

[APPLY HERE](#)

Contact Kathryn O'Hara at kohara2@gsu.edu with any questions.

Funded by SAMHSA as a partner of NCTSN.

THE LEARNING COMMUNITY INCLUDES:

- 12 hours of in-person training over 2 days (8:30 am – 5:00 pm; September 13 & 14, 2023)
- Bi-monthly video consultation meetings (October 2023–September 2024)
- Additional training opportunities and activities to support successful implementation
- A copy of *TF-CBT for The Commercial Exploitation of Children (CSEC): An Implementation Manual*

PARTICIPANTS WILL LEARN:

Trafficking applications of the PRACTICE framework, for example:

- Trafficking-specific psycho-education topics
- Trafficking-specific maladaptive cognitions and strategies for challenging them
- Trauma Narration with clients who have experienced trafficking (multiple traumas, caregiver challenges, processing T/CSE-specific cognitions)

Other common challenges and strategies including:

- Client and caregiver engagement
- Safety concerns including runaway risk and behavior
- Dysregulation and survival coping
- TF-CBT in different settings

PARTICIPANT MINIMUM REQUIREMENTS:

- Completed a TF-CBT 12-hour (2-day, minimum) training and consultation calls with an approved national trainer
- Currently licensed or license-eligible and practicing under the supervision of a licensed provider
- Currently providing therapeutic services to sexually abused and traumatized children as a substantial component of your practice or supervising providers who are doing so
- Interested in serving youth who have experienced T/CSE (it is not a requirement that you are currently serving these youth)

INFORMATION CALL:

To learn more about this Advanced training, please attend the information call on June 9 at 12pm ET.



[JOIN HERE](#)



WHAT IS TF-CBT?

TF-CBT is an evidence-based treatment for children and adolescents who have experienced trauma. It is a components-based treatment that integrates trauma-sensitive interventions with cognitive-behavioral strategies to reduce negative emotional and behavioral symptoms. The treatment addresses distorted beliefs and attributions related to trauma and provides a supportive environment in which children are provided the skills and support to talk about their traumatic experience. TF-CBT also helps caregivers and other supportive adults who are valuable participants in treatment to cope effectively and support children. The treatment is appropriate for children and adolescents who have had a range of traumatic experiences including sexual abuse and exploitation, physical abuse, witness to violence, traumatic grief, etc.

WHAT IS CHILD TRAFFICKING AND COMMERCIAL SEXUAL EXPLOITATION?

Child trafficking and commercial sexual exploitation are severe forms of abuse/trauma that often result in significant immediate and long-term impacts to survivors. Child sex trafficking and CSE involves the giving or receiving of anything of value (money, shelter, food, clothing, drugs, etc.) to any person in exchange for a sex act with someone under the age of 18. Force, fraud or coercion are not required elements although they are often present. Child labor trafficking involves compelling a child under the age of 18 years to perform work using force, fraud or coercion (involuntary servitude, peonage, debt bondage, slavery). Trafficked and exploited youth are at very high risk for a broad range of negative mental health outcomes including PTSD, anxiety, depression, and substance use problems. Risk of PTSD is recognized as particularly high with this population as a result of the high levels of trauma experienced while being trafficked/exploited as well as significant histories of prior trauma (e.g., childhood sexual abuse, physical abuse exposure to DV, traumatic loss and separation). There is also a broad array of additional clinical challenges such as engagement and retention difficulties, emotional and behavioral dysregulation, safety concerns including risk of leaving placement (“running away”), family problems, and more. This training will outline T/CSE-specific applications of TF-CBT and strategies for addressing common challenges utilizing a TF-CBT framework.

WHY TF-CBT FOR T/CSE?

A wide range of clinical difficulties can be addressed within the flexible framework of the TF-CBT model. Cognitive problems, Relational difficulties, Affective problems, Family difficulties, Traumatic behavior problems, and Somatic problems (CRAFTS) are some of the key domains of focus in TF-CBT. The model includes an emphasis on personal safety and supporting caregiver-youth relationships which are often particular concerns with T/CSE clients. TF-CBT is effective with youth with single traumas, multiple traumas, and complex trauma, as is often true of youth who have experienced T/CSE. Importantly, TF-CBT has been used effectively in an array of settings including clinics, homes, residential facilities, and in-patient units. This includes TF-CBT with youth with absent or unavailable caregivers, those in foster care placements, and group homes. This is consistent with the many settings and circumstances in which youth who experience T/CSE are served. Also, TF-CBT is effective with youth from diverse backgrounds, in a variety of languages and different cultures. TF-CBT has strong research support (23+ RCTs) including multiple studies with youth who have experienced T/CSE.



TRAINING ELEMENTS

This learning community will use many of the key elements of the National Child Traumatic Stress Network Learning Collaborative methodology to enhance learning and facilitate successful adoption and utilization of the treatment model. This includes the following:

Pre-Work

The purpose of pre-work activities is to ensure preparation for the in-person training by reviewing TF-CBT materials as well as information about youth who have experienced T/CSE. Activities include:

- a welcome call
- **participation in Identification and Awareness of Youth who have Experienced T/CSE training** (if not already completed)
- assigned readings

In-Person Training: September 13-14, 2023

This two-day training will be conducted at THE EGG (Agency Building 1, S Mall Arterial, Empire State Plaza, Albany, NY 12203) from 8:30 AM to 5:00 PM.

TF-CBT Consultation

Following the in-person training, there will be 6 bi-monthly video consultation meetings. The focus of consultation will be on developing and refining clinical competencies to effectively deliver the intervention (TF-CBT) with youth who have experienced T/CSE or are at high risk, and to address any implementation challenges that arise.

Program Evaluation

Participation in program evaluation is a required and essential component of the Learning Community. This includes evaluation of the training, monthly reporting of youth engaged in treatment, and assistance in enrolling interested youth in survey participation.

Additional Trainings

Participants in this two-day training will have opportunities to participate in future training to continue to enhance skills as well as share experiences serving T/CSE clients with faculty trainers and peers. Past topics have included Complex Trauma, Addressing Substance Use Problems, Emotion-Focused Communication for Families (Let's Connect), and Sexual Health conversations.

LEARNING OBJECTIVES

This training is designed to help participants:

1. Utilize the TF-CBT treatment model with skill and fidelity with T/CSE clients.
2. Explain and discuss T/CSE-specific psychoeducation topics.
3. Recognize and skillfully process T/CSE-specific and related negative cognitions.
4. Identify and address common challenges faced in the development of a Trauma Narrative with a client who has experienced CSEC.
5. Identify common barriers to client and caregiver treatment engagement and utilize creative and developmentally appropriate strategies and techniques for overcoming these barriers.



Training Location: THE EGG
Photo courtesy of theegg.org

MEET THE TRAINERS

Kelly Kinnish, PhD – is the Director of the National Center on Child Trafficking in the School of Public Health at Georgia State University. Previously, she was with the Georgia Center for Child Advocacy (GCCA) for 14 years. As Director of Clinical Services at GCCA, she oversaw the center’s clinical service programs to sexually abused and traumatized children. She was also the Director of Project Intersect, a SAMHSA-funded program of the National Child Traumatic Stress Network focused on improving the well-being of youth who experience T/CSE. She is active in both state and national task forces and working groups addressing this complex public health concern with particular focus on effective mental health interventions and collaborative systems response. She is an approved national trainer and consultant for TF-CBT with over 25 years of experience working with maltreated and at-risk children and families in clinical, research, and administrative capacities.



Jessica Wozniak, PsyD is a clinical psychologist and the Clinical Research and Development Manager at Baystate Medical Center’s Department of Psychiatry in Springfield, MA, and an Assistant Professor of Psychiatry at the University of Massachusetts Medical School-Baystate (UMMS). In her role she oversees community-based projects, clinical research, and training including oversight of all projects funded by SAMHSA/NCTSN. She is the Director of the Child Advocacy Training and Support Center, a national training and consultation center for Children’s Advocacy Centers. Additionally, Dr. Wozniak oversaw the development of the One Mission Project which provides coordinated services to child trafficking victims. She is also a leader of the Hampden County Coalition to Identify and Prevent the Sexual Exploitation of Children. Dr. Wozniak is a nationally recognized trainer in Trauma-Focused Cognitive-Behavioral Therapy, the most rigorously tested treatment for trauma in children. Additionally, she conducts trainings for community organizations as well as presenting at national and international conferences on topics related to trauma informed practices, vicarious trauma, trauma-informed multidisciplinary teams and sexual exploitation of children.

